

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 08:05 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Eugene Astrid HEADCOACH

Coaches: Van Wassenhove Senne

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE MIXED 10-9							Heat:1, starttime: 09:00	
Heat: 1/4 Lane : 2 Athlete: GRONDARD VAN SCHAGEN ANNA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 09:22	
Heat: 3/5 Lane : 3 Athlete: TOLJAGA DEJAN							Q-time: 03:05:85	
PB (25m pool): no time			PB (50m pool): 03:05.85 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 09:47
Heat: 5/14 Lane : 3 Athlete: THIERENS CHIARA				Q-time: 01:53:48	
PB (25m pool): 01:53.48 Wildersportcomplex 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.15		01:53.48	
	00:53.15		01:00.33		
					

Coach feedback:

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Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 09:49
Heat: 6/14 Lane : 3 Athlete: PEETROONS ZENA					Q-time: 01:49:27
PB (25m pool): 01:49.27 Liedekerke 11/11/2025			PB (50m pool): 01:53.30 SB: 01:49.27 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.68		01:49.27	
	00:49.68		00:59.59		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 09:49
Heat: 6/14 Lane : 5 Athlete: STEENO LIES					Q-time: 01:52:22
PB (25m pool): 01:52.22 Liedekerke 11/11/2025			PB (50m pool): no time SB: 01:52.22 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.28		01:52.22	
	00:52.28		00:59.94		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 09:54
Heat: 8/14 Lane : 4 Athlete: ESAKOV ISABELLE					Q-time: 01:44:13
PB (25m pool): 01:44.13 Liedekerke 11/11/2025			PB (50m pool): no time SB: 01:44.13 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.38		01:44.13	
	00:48.38		00:55.75		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 10:21
Heat: 8/16 Lane : 1 Athlete: HEBBELINCK SIMON					Q-time: 01:18:42
PB (25m pool): 01:22.17 LEUVEN 05/05/2024			PB (50m pool): 01:18.42 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.17	
	no time				
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 10:23
Heat: 9/16 Lane : 2 Athlete: CRAPS LIAM					Q-time: 01:16:55
PB (25m pool): 01:16.55 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): 01:30.20 SB: 01:16.55 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.03		01:16.55	
	00:36.03		00:40.52		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:11, starttime: 10:26
Heat: 11/16 Lane : 4 Athlete: GRONDARD VAN SCHAGEN LUKK					Q-time: 01:11:98
PB (25m pool): 01:11.98 Leuven 12/10/2025					PB (50m pool): 01:16.66 SB: 01:11.98 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.93		01:11.98	
	00:34.93		00:37.05		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:13, starttime: 10:29
Heat: 13/16 Lane : 1 Athlete: TOLJAGA DEJAN					Q-time: 01:08:82
PB (25m pool): no time					PB (50m pool): 01:08.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:44	
Heat: 1/2 Lane : 3 Athlete: CHARLIER MARGOT							Q-time: 06:13:52	
PB (25m pool): 06:13.52 Wildersportcomplex 16/03/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:29.15		no time		03:06.85
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:13.52
								

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Event number: 11: 400M FREESTYLE MEN 11+							Heat:1, starttime: 10:58	
Heat: 1/2 Lane : 2 Athlete: HEBBELINCK SIMON							Q-time: 06:00:13	
PB (25m pool): 06:46.48 Lier 23/12/2023				PB (50m pool): 06:00.13SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:46.48
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:1, starttime: 10:58	
Heat: 1/2 Lane : 3 Athlete: CRAPS LIAM							Q-time: 05:47:50	
PB (25m pool): 05:47.50 Sint-Pieters-Leeuw 05/10/2025				PB (50m pool): 06:13.73 SB: 05:47.50 Sint-Pieters-Leeuw 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.25		01:22.93		no time		02:51.53
	00:39.25		00:43.68					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		04:20.40		no time		05:47.50
								

Coach feedback:

Event number: 11: 400M FREESTYLE MEN 11+							Heat:1, starttime: 10:58	
Heat: 1/2 Lane : 4 Athlete: GRONDARD VAN SCHAGEN LUUK							Q-time: 05:59:32	
PB (25m pool): 05:59.32 Zaventem 21/06/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.86		no time		02:52.82
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:59.32
								

Coach feedback:

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Event number: 12: 50M FREESTYLE MIXED 10-9				Heat:5, starttime: 11:26	
Heat: 5/5 Lane : 4 Athlete: GRONDARD VAN SCHAGEN ANNA				Q-time: 00:43:35	
PB (25m pool): 00:43.35 Overijse 29/11/2025				PB (50m pool): no time SB: 00:43.35 Overijse 29/11/2025	
	2 5 M	5 0 M			
PB		00:43.35			
		00:43.35			
					

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 11:32	
Heat: 2/10 Lane : 3 Athlete: THIERENS CHIARA					Q-time: 01:29:81	
PB (25m pool): 01:29.81 Tremelo 18/01/2026					PB (50m pool): no time SB: 01:29.81 Tremelo 18/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:42.35		01:29.81		
		00:42.35		00:47.46		
						

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 11:34	
Heat: 3/10 Lane : 4 Athlete: PEETROONS ZENA					Q-time: 01:23:60	
PB (25m pool): 01:23.60 Tremelo 18/01/2026					PB (50m pool): 01:32.29 SB: 01:23.60 Tremelo 18/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:38.20		01:23.60		
		00:38.20		00:45.40		
						

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 11:36	
Heat: 4/10 Lane : 1 Athlete: ESAKOV ISABELLE					Q-time: 01:21:59	
PB (25m pool): 01:21.59 Tremelo 18/01/2026					PB (50m pool): no time SB: 01:21.59 Tremelo 18/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:38.56		01:21.59		
		00:38.56		00:43.03		
						

Coach feedback:

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Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 11:36
Heat: 4/10 Lane : 4 Athlete: CHARLIER MARGOT					Q-time: 01:19:76
PB (25m pool): 01:19.76 Wildersportcomplex 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.13		01:19.76	
	00:38.13		00:41.63		
					

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 12:27	
Heat: 3/8 Lane : 4 Athlete: STEENO LIES							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: